

BV (4)/PD-4.1/17 (C)

2017

PERSONALITY DEVELOPMENT

Paper : G-4.1

Full Marks : 40

Time : 2 hours

*The figures in the margin indicate full marks
for the questions*

1. Answer the following as directed : 1×5=5

(a) Development within oneself is interpersonal/intrapersonal.

(Choose the correct option)

(b) What is goal setting?

(c) Whose name is connected with psychoanalyst theory?

(d) What is meant by right choice?

(e) Motivating people through lecture is an example of public speaking.

(State True or False)

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(Turn Over)

(2)

2. Answer any five of the following questions :
2×5=10

- (a) What is body language? Illustrate.
- (b) Why do we need to manage time?
- (c) State one theory of personality.
- (d) Give your view on self-hypnotism.
- (e) Write a few lines on interpersonal communication.
- (f) How is behaviour connected with personality growth?

3. Answer any three of the following questions :
5×3=15

- (a) What is effective planning? State four measures of effective planning.
- (b) What is meant by basics of personality?
- (c) Mention five qualities to acquire leadership skills.
- (d) How does an individual prepare oneself for self-acceptance and self-growth?
- (e) Discuss your views on social etiquettes.

(3)

4. Answer any one of the following questions : 10

- (a) Describe the different types of mnemonics.
- (b) Mention some of the ways of time management.
- (c) Write a note on motivation.

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